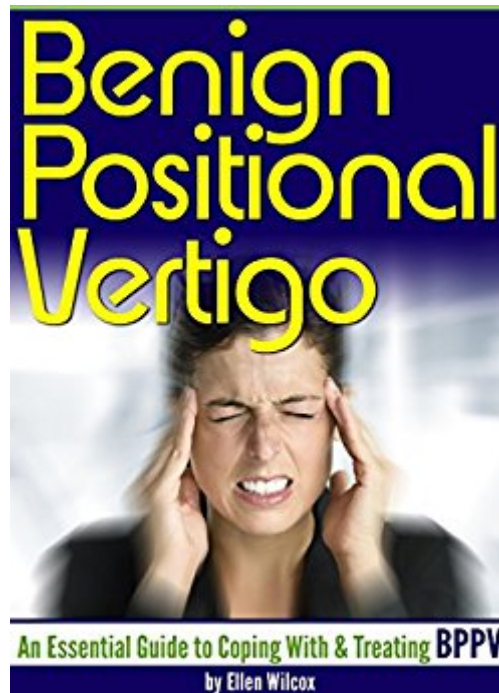


The book was found

Benign Positional Vertigo: An Essential Guide To Coping With And Treating BPPV



Synopsis

If you want to better understand Benign Positional Vertigo and learn how to combat this condition, then this book is for you! Read on your PC, Mac, smart phone, tablet, or Kindle device. Benign Positional Vertigo (BPV) or Benign Paroxysmal Positional Vertigo (BPPV) is the most common cause of vertigo. It causes mild to intense dizziness as a result of a disturbance in the inner ear. Although this condition is far from serious and shouldn't be a cause for tremendous worry, it still must be dealt with and mitigated because it can be quite burdensome and uncomfortable. How does BPV develop in a person? Did this come as a genetic gift from your parents? And will you pass it on to your children? How is the condition diagnosed? Can it be treated by medication? If so, which kinds? What can be done to manage BPV? Will a doctor recommend therapy or surgery? These are but few of the questions you will surely want answered if you suspect you have BPV. Throughout this book, I will answer all these questions and more. While it is not my intention to dispense medical advice (that's your doctor's job, and you should see him/her right away if you suspect any potentially serious medical issues), it is my belief that I can help you better understand exactly what this condition involves, including details on possible treatment options, in an easy-to-understand format. Here Is A Preview Of What You'll Learn... The Causes and Symptoms of Benign Positional Vertigo Different Diagnostic Tests for BPV and How to Prepare Various Medical Treatment Options Home Remedies and Management Techniques for BPV How to Ease Episodes and Prevent Recurrence Important Management Tips Much, much more! Download your copy today!

Book Information

File Size: 759 KB

Print Length: 33 pages

Simultaneous Device Usage: Unlimited

Publication Date: March 8, 2015

Sold by: Â Digital Services LLC

Language: English

ASIN: B00UFBV6Z2

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #297,371 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #13 in Kindle Store > Kindle eBooks > Medical eBooks > Specialties > Otolaryngology #58 in Books > Medical Books > Medicine > Surgery > Otolaryngology #71 in Kindle Store > Kindle eBooks > Medical eBooks > Physician & Patient > Diagnosis

Customer Reviews

From symptoms and prevention, to treatment options, this guide has it all! This introductory guide takes you through the process of identifying this condition and understanding it better before taking action. Information is knowledge and this author does a great job informing. Something for everyone to learn in this book that I recommend to you. Nice Job!

If you know someone who has this condition and want to help that person, this book will help a lot! It will give you a lot of useful and important information about BVP, from its symptoms and prevention, to its various medical treatment options and anything you need to know about the subject. A well written book, highly recommended!

Having had an episode recently, I found this book very helpful, and actually it calmed my fears on vertigo. The book has some excellent exercises to prevent future episodes as well. The key is to get your Doctor to actually diagnose BPV, and to make sure the vertigo is not being caused by some other issue or condition. Those ear crystals can create havoc as we age.

More than anything else, this book has made me grasp a better understanding of Benign Positional Vertigo. It is a very profound and detailed book that reading it will make you comprehend BPV better and will open options for you too. The topics discussed here are so helpful and info loaded that you will be enlightened. I find the discussion on the easing episodes and prevention of BPV techniques very essential, not only for those who have Vertigo but also for those who have loved ones affected by it.

This handbook is a one of its kind book for those desiring information on dizziness and vertigo. It is clearly and understandably written. It provides information of conditions causing vertigo, diagnostic characteristics, thoughts about treatment, psychological sequelae of living with the unpredictability of vertigo. This book really helps me a lot, since my child has this disorder. So this book is well worth the cost for me, and I highly recommend it.

Interesting information about BPV. From time to time I find myself a bit dizzy, not really knowing why, and decided to dig around a bit when I found this book. I'm not yet 100% sure whether that's what I have but it was a good read nevertheless, because it included good information for people with general dizziness.

Excellent read. Also a quick read but has all the necessary info you need. I like the step by step maneuvers. After having a severe episode of Vertigo an violent vomitting, I ended up the the ER. After a CT, replacement of liquids and observation because of having an intravenous drip containing valium because the vertigo was so severe, medication to stop the nausea and medication to stop the spinning, I was released 8 hours later. Two days later I saw a head and neck trauma nurse and The Epley maneuver was applied, I am feeling much better.

This book was accurate with what my doctor told me. The exercises were difficult to remember from what the doctor told me verbally and the book described the same exercises and also showed the positions in pictures. Very helpful.

[Download to continue reading...](#)

Benign Positional Vertigo: An Essential Guide to Coping With and Treating BPPV Essential Oils: Ultimate Essential Oils Guide and 89 Powerful Essential Oil Recipes! (2nd Edition) - How to Use Essential Oils for Aromatherapy and Healthy ... Loss, Essential Oil Recipes, Aromatherapy) Dizziness and Vertigo: A Simple Guide to Figuring It Out ESSENTIAL OILS: Aromatherapy, Essential Oils For Beginners, And Essential Oil Recipes To Improve Your Health (Medicinal Herbs) (Essential oil recipes, ... Aromatherapy and essential oils Book 1) Vertigo! When the World Spins Out of Control Essential Oils: 50 Essential Oil Dog & Cat Recipes From My Essential Oil Private Collection: Proven Essential Oil Recipes That Work! (Essential Oil Pet Private Collection Book 1) How to Help an Alcoholic: Coping with Alcoholism and Substance Abuse (Help an Alcoholic Spouse, Alcoholic Family Member, Friend or Addict) (Coping with ... Husband, Dependence, Domestic Abuse) Coping With An Addict: How to deal with drug addicts, substance abusers using pot, prescription pills, cocaine or methamphetamines (Coping With Alcoholism and Substance Abuse Book 5) Cancer: Coping With Cancer: How To Cope When A Loved One Has Cancer Without Any Grieving (Cancer,Coping With Cancer,Cancer Books,Breast Cancer,Colon Cancer,Lung ... Cure,Prostate Cancer,Cancer Prevention) The Complete Manual of Positional Chess: The Russian Chess School 2.0 - Opening and Middlegame C I A L I S (Tadalafil): Treats

Erectile Dysfunction, Symptoms of Benign Prostatic Hyperplasia, and Pulmonary Arterial Hypertension
Positional Hitting: The Modern Approach to Analyzing and Training Your Baseball Swing
Live Pain Free Without Drugs or Surgery: How to use Integrated Positional Therapy to eliminate chronic pain
Benign Prostatic Hypertrophy: How to Shrink Your Enlarged Prostate Without Drugs or Surgery
Prostatitis & Benign Prostate Hypertrophy (BPH): The Information Your Doctor Doesn't Have (or doesn't tell you)
The Sound of Hope: Recognizing, Coping with, and Treating Your Child's Auditory Processing Disorder
Treating Visceral Dysfunction: An Osteopathic Approach to Understanding and Treating the Abdominal Organs
Essential Oils For Beginners: Essential Oils For Beginners: How To Use The Essential Oils To Maximize Your Health And Longevity (Essential Oils And Aromatherapy) (Volume 1)
Essential Oils: 120+ Essential Oils Recipes For Diffusers, Aromatherapy, Natural Remedies For Skin And Hair Care: (Essential Oils For Weight Loss, Aromatherapy) ... Oils, Essential Oils For Allergie)
Essential Oils: 40 Amazing Essential Oil Recipes for Diffusers: (Diffusers, Natural Remedies) (essential oils diffusers, young living essential oils book)

[Dmca](#)